Recipes

You Know What Bites?

When recipes you thought were delicious don't fly with kids in your child care programs!

Solution?

You can help by contributing recipes to an online recipe bank being developed for child care.

Recipes may include entrees, vegetarian dishes, snacks, dips, sauces, or desserts.*

Email your successful and nutritious recipes, and preferred contact information to Peel Public Health at ZZG-FHNutritionServiceRequest@peelregion.ca by June 23rd, 2017.

For each recipe that you submit, your name will be entered into a draw for a chance to win a $25 gift card!

*Recipes may be selected or altered to meet provincial nutrition recommendations.