What is the Physical Literacy Champions’ Network?

Upon completion of the ABCs of Physical Literacy Workshop or Webinar we would like to offer you the opportunity to participate in the Physical Literacy Champions’ Network (Peel). If you are interested in joining the network please contact physicalliteracy@peelregion.ca and provide your name and the date you completed the webinar.

In 2015, the Physical Literacy Champions’ Network (PLCN) was developed to create a sustainable network of champions to promote physical activity (PA) and physical literacy (PL) in the early years community in Peel. It is a collaborative initiative whose key partners include Child Development Resource Connection Peel (CDRCP) and the Region of Peel: Public Health, Early Years and Child Care Services, and Community Partnerships. The network is made up of ambassadors who promote physical literacy by enabling children in their early years settings to develop fundamental movement skills, competence and confidence through a variety of experiences. The PLCN continues to grow in membership, community engagement and enthusiasm.

Champions enjoy:

- free membership
- in-person interactive meetings
- sharing and networking
- learning and mentoring
- leadership development/opportunities
- a closed Facebook group
- professional development hours

What we’ve done to date:

- Facilitated ABCs of PL Training Workshops (registration through CDRCP)
- Created the ABCs of PL Webinar (CDRCP’s website)
- Produced videos found on the Region of Peel-Health YouTube Channel:
  - The ABCs of Physical Literacy
  - We are the Physical Literacy Champions
- Developed and/or promoted PA/PL activities and resources (for example: banners, posters, kits)
- Networked, participated and presented at conferences, workshops, webinars and ECE events
- Contributed to CDRCP’s quality initiatives, Raising the Bar in Peel