

Step 1 - Observe

CHILD: _____ AGE: _____ DATE: _____

TARGET BEHAVIOUR: _____

Factor	Observations		
1 CHILD:			
Physical Health: illness, nutrition, allergies, medications, lack of sleep			
Physical Characteristics: size, coordination, appearance			
Emotional Mental Health: anxiety, worry, anger, mental illness			
Cultural/Language: values, behaviour expectations, languages use & understand			
Temperament: Shy, anxious, energetic, timid, quickly bored			
Sensory Regulation: overly sensitive, easily stimulated, under sensitive			
Strengths/ Weaknesses: Skills needed, abilities that can be utilized to teach skills			
Special Needs: Developmental disabilities, autism, ADHD, learning disabilities, impairments			
2 ENVIRONMENT:			
Social Environment: Adults: consistency, constructive problem solving, deal with feelings			
Social Environment Children: type of play, helping each other			
Physical Aspects: noise, space, toys, lighting, temperature, crowding, smells, age appropriate			
Program/Home Aspects: scheduling, transitions, activities, grouping, rules, social issues			
3. FUNCTION/PURPOSE:			
TRIGGER	BEHAVIOUR	CONSEQUENCE	Indicate FUNCTION <ul style="list-style-type: none"> ▪ To Meet a Need ▪ To Avoid or Escape

Step 2 - Plan...Act...

CHILD: _____ AGE: _____ DATE: _____

TARGET BEHAVIOUR: _____

Factor	Plans & Actions	Results
1 CHILD:		
Physical Health		
Physical Characteristics		
Emotional Mental Health		
Cultural/Language		
Temperament		
Sensory		
Strengths/ Weaknesses		
Special Needs		
2 ENVIRONMENT:		
Social Environment: Adults		
Social Environment: Children		
Physical Aspects		
Program/Home Aspects		
3 FUNCTION/PURPOSE:		
Meeting Needs:		
Avoidance or Escape:		

Notes: _____

