

The Setting the Stage Process

The **Setting the Stage** process is based upon the 3 Circles concept. In a logical order, we investigate and work with each of the Circles:

The actual steps in the process are:

- I. Get the team together
- II. Decide which challenging behaviour you want to work on
- III. Gather information about what might be happening in each of the 3 Circles: observe the child in different environments; talk to others who are not at the team meeting such as the doctor or grandparents; carry out any assessments that might be needed such as a medical; and investigate the child's history.
- IV. Meet again as a team to discuss the information and decide what factors seem to be influencing the child's behaviour.
- V. Create a plan regarding how these factors can be dealt with – the strategies or ideas you can use
- VI. Put your plan into effect.
- VII. Observe what happens – is the challenging behaviour decreasing, staying the same, or increasing?
- VIII. Based upon your observations, redesign the plan as required.

This process can be simplified to 3 basic steps:

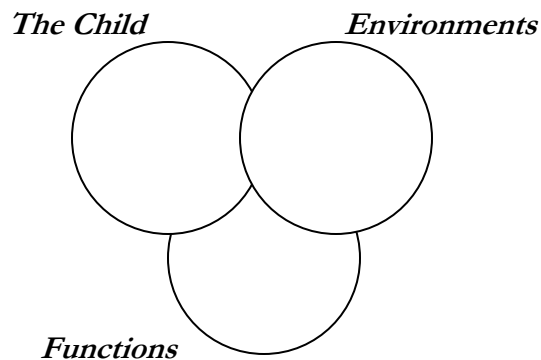
- A. ***Observe*** : gather information about what is going on in your child's life
- B. ***Plan*** : develop some strategies to help your child
- C. ***Act*** : carry out your plan

The Setting the Stage Manual is based on Observing, Planning and Acting on 3 Circles.

The 3 Circles: Describe some possible areas that the Challenging Behaviour may be coming from

A great number of factors influence human behaviour. To better work with these factors, **Setting the Stage** has organized them into 3 categories: the Child, the Environment, and Function.

To make this easier to understand, we have used a picture to illustrate these 3 factors. Each factor is represented by a Circle. Please note that there will often be overlapping reasons for challenging behaviour



If we can discover the factors in each circle, which are affecting the behaviour, we can change these factors and thus **Set the Stage** for successful behaviour.

STS Forms

Most people don't like to fill out forms! However, we would like to assure you that the **Setting the Stage** forms are very easy to use and are necessary to the process. Once you use them, we are sure that you will agree that they are extremely helpful. The forms help you to identify various challenging behaviours and define one target behaviour. For the rest of this book/process we will be weaving together 2 concepts, which we have discussed previously. We will be:

1. Looking at the reasons for behaviour using the 3 Circles.
2. Talking about how to deal effectively with the behaviour using the Observe, Plan, and Act steps.

The combination of these 2 steps make up the Setting the Stage process.

For more information please phone 905-507-9360 or visit our website www.cdrcp.com