

## **Developing a Transition Planning Team**

While you will be expected to be very involved in the development of your child's transition plan, you do not need to do it alone. Build a team for your transition plan by seeking the support of people who can help you to set your child's goals for the future and then help in making those goals a reality. Choose from people who are part of your network of supports or circle of friends – people you are comfortable with.

Some people you may want to consider in addition to yourself and your child can include the following:

- Other family members
- Parents who have recently gone through a transition plan themselves
- Teachers
- Community workers
- Friends
- Peers
- Employers or
- Other members from the community

Some members of the team may be involved with the planning process from the beginning. Others may be involved on a limited basis.

It may be helpful to ask yourself the following questions to identify the most appropriate members of your network or team:

- Who knows your child best?
- Who does your child trust and feel comfortable around?
- Who does your child look to for advice and support?
- Who would your child like to help him or her with their transition from school to adulthood?
- How can these people best help?

It will be important for you to involve people that know your child well and that may also have a vested interest in your child. You will want to include people that have a positive outlook and can see the gifts and strengths your child has to offer. Think about including those that will network and advocate on your child's behalf in much the same way as you will yourself. Remember, creativity is going to be a key to the success of your transition plan.

Visit your school boards website to view the parent guides to the IPRC and IEP process.