

Do your strengths, gifts and challenges match your goals?

Everybody has strengths and gifts as well as challenges. When it comes to your goals you want to make sure that your strengths and gifts are not compromised by the challenges you have.

Example: You want to go to school to become a veterinarian. You can pass all the tests but when it comes to doing the practice part of your schooling you realize you can't do it because you don't like touch and texture. Without being able to do this you cannot be a veterinarian.

As you can see by the example you have to plan carefully. Prepare your transition plans with this in mind and you will have a better chance of succeeding. Talk to the people who run the school programs or to the people in that area of work and see what is needed to be successful in that area.

Start or continue a list of your son/daughter's strengths, gifts, goals and challenges and use these to help plan next steps.