Professional Education and Learning Opportunities

May - August 2019

"If you change the way you look at things, the things you look at change." - Wayne Dyer
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CDRCP would like to thank the Region of Peel for their continued funding of professional education and learning opportunities. Through this support, CDRCP is able to offer discounted rates for sessions and conferences to the child care and early years’ community.
Important Reminders!

Online Registration
All professional education registrations are to be completed ONLINE ONLY. Professional Education administrative support is available over the phone, for technical issues and complex registration processes. We thank you for your co-operation.

Confirmation Emails
It is the responsibility of the attendee to present their confirmation email to the individual signing them in to the sessions. Electronic, printed copies, or a picture of the email are accepted forms of documentation.

Subscribe
Want the most up-to-date information from CDRCP? SUBSCRIBE to stay informed about:

- Professional education and learning opportunities
- Relevant information and updates
- Job opportunities

Go to www.cdrcp.com and click on the subscription button now!

Webinars
Looking for new ways to expand your knowledge and skill set? Checkout CDRCP’s selection of WEBINARS for quick and convenient training opportunities!

- NEW webinars offered frequently
- FREE of cost!
- Relevant/current information that applies to your work
- Professional presenters with expertise on diverse subjects

For a complete list of current webinars see pages 46 to 58

Feedback
Do you have feedback on training that went well or improvements you would like to see? Send us a quick email with your suggestions and improvements to register@cdrcp.com. We love hearing from you and value your feedback!
Operator Reimbursement for Casual/Supply Staff

All child care and early years’ programs are eligible to apply for reimbursement for replacement (supply) staff that are covering program staff attending professional education sessions offered through CDRCP. The reimbursement funding will be for supply coverage during the hours of 8:00 a.m. to 6:00 p.m. Monday through Friday, with the exception of statutory holidays. Programs will be eligible to receive $15.00 per hour for supply staff. For more information, please contact Judy at judy@cdrcp.com or call 905-507-9360 ext. 302. Downloadable forms are always available on our website: https://www.cdrcp.com/professional-education#downloadable-forms

Sessions Include:

- CPR and Standard First Aid Sessions (Held during the weekday)
- Food Handlers Course
- Hanen Teacher Talk Training

CDRCP Blogs

CDRCP has recently started blogging! If you are looking for a quick read on relevant and useful topics related to childcare practices, program ideas, and professional education then make sure to check out our blogs. Visit: www.cdrcp.com/blog to see the list.

Scent-Sensitive Reminder

Just a reminder that CDRCP promotes a scent free environment. Please refrain from wearing any scented products. CDRCP respects the rights of all visitors. Service animals or other aides that foster a person’s independence are welcome in this environment.

Weather Advisory Alert

If sessions are cancelled due to inclement weather, participants will be notified by email. In addition, all weather alerts will be posted on CDRCP’s social media. We encourage everyone to check our website and Twitter/Facebook for the latest updates. Also, please ensure your email is up-to-date.

Please Note

Children under the age of 16 are not permitted in the Resource Centre or any Professional Education training, including Standard First Aid and CPR sessions. We apologize for any inconvenience.
SERIES

When registering for a series, please note you will be registered for the full series. It is highly recommended participants take attend all components of a series in the order they are presented to enhance their knowledge and understanding of the material. Missing sessions may impact the comprehension of the material, and the overall quality of the professional learning experience.

**Business and Human Resources:**

*Introducing Microsoft Excel, with Uday Mohaya, 1:30 pm—3:30 pm (3 part series)*

- August 6—Introducing Microsoft Excel Part 1
- August 13—Introducing Microsoft Excel Part 2
- August 20—Introducing Microsoft Excel Part 3

*Marketing Your Home Child Care, with Matt Dunlop, 7:00 pm—9:00 pm (2 part series)*

- August 8—Marketing Your Home Child Care Part 1
- August 29—Marketing Your Home Child Care Part 2

*Managing Employee Performance Issues, with Carla Palmer, 1:30 pm—3:30 pm (2 part series)*

- August 19—Managing Employee Performance Issues Part 1
- August 26—Managing Employee Performance Issues Part 2

**Fostering Engagement:**

*Understanding Emotional Regulation, What’s Next?, with Dilraj Pama, 6:30 pm—8:30 pm (2 part series)*

- July 23—Understanding Emotional Regulation, What’s Next? Part 1
- August 6—Understanding Emotional Regulation, What’s Next? Part 2
When registering for a series, please note you will be registered for the full series. It is highly recommended participants take attend all components of a series in the order they are presented to enhance their knowledge and understanding of the material. Missing sessions may impact the comprehension of the material, and the overall quality of the professional learning experience.

**Fostering Engagement:**

**Building Families Through Adoption, with Pat Convery & Judy Archer, 1:30 pm—3:30 pm (2 part series)**

May 1—Adoption Series: Building Families Through Adoption Part 1

May 8—Adoption Series: Through the Eyes of a Child Part 2

**Beyond the Basics: Inspiring Environments with Blocks and Art, with Cindy Green, 6:30 pm—8:30 pm (2 part series)**

August 6—Beyond the Basics: Inspiring Environments with Blocks and Art Part 1

August 13—Beyond the Basics: Inspiring Environments with Blocks and Art Part 2

**Health and Wellness:**

**7 Life Areas Vision Board with Debbi Sluys, 6:30 pm—8:30 pm (2 part series)**

May 23—Seven Life Areas Vision Board Part 1

May 30—Seven Life Areas Vision Board Part 2

**Surviving Stress & Beating Burnout with Andriana Mantas, 6:30 pm—8:30 pm (2 part series)**

May 28—Surviving Stress & Beating Burnout Part 1

June 4—Surviving Stress & Beating Burnout Part 2

**Understanding Healthy Eating in the Early Childhood Setting—For Licensed Child Care with Ontario Public Health Association & Region of Peel, 2:00 pm—4:00 pm (3 part series)**

June 4—Understanding Healthy Eating in the Early Childhood Setting Part 1

June 11—Understanding Healthy Eating in the Early Childhood Setting Part 2

July 9—Menu Planning for Healthy Eating in Licensed Child Care Setting Part 3
When registering for a series, please note you will be registered for the full series. It is highly recommended participants take attend all components of a series in the order they are presented to enhance their knowledge and understanding of the material. Missing sessions may impact the comprehension of the material, and the overall quality of the professional learning experience.

**Health and Wellness**

**Understanding Healthy Eating in the Home Child Care Settings—For Licensed Home Child Care with Ontario Public Health Association & Region of Peel, 7:00 pm—9:00 pm (3 part series)**

- June 11—Understanding Healthy Eating in the Home Child Care Setting Part 1
- June 18—Understanding Healthy Eating in the Home Child Care Setting Part 2
- June 25—Menu Planning for Healthy Eating in Home Child Care Setting Part 3

**Change Your Relationship with Anxiety Through the Practice of Yoga, with Angelique Benois, 6:30 pm—8:30 pm (2 part series)**

- July 9—Change Your Relationship with Anxiety Through the Practice of Yoga Part 1
- July 16—Change Your Relationship with Anxiety Through the Practice of Yoga Part 2

**Program and Curriculum:**

**The Montessori Approach: Ontario’s How Does Learning Happen Pedagogy with Sandra Girlato, 6:30 pm—8:30 pm (2 part series)**

- May 9—The Montessori Approach Ontario’s How Does Learning Happen Pedagogy Part 1
- June 6—The Montessori Approach Ontario’s How Does Learning Happen Pedagogy Part 2

**Gather ‘Round the APPfire with Dr. Dane Marco Di Cesare, 1:30 pm—3:30 pm (2 part series)**

- May 30—Exploring Digital Storytelling in Early Childhood Programs Part 1
- June 13—Utilizing iPads for Documentation in Early Childhood Programs Part 2
SERIES

When registering for a series, please note you will be registered for the full series. It is highly recommended participants take attend all components of a series in the order they are presented to enhance their knowledge and understanding of the material. Missing sessions may impact the comprehension of the material, and the overall quality of the professional learning experience.

Program and Curriculum:

Loose Parts Play and Learning with Preschoolers with Cindy Green, 6:30 pm—8:30 pm (2 part series)

June 25—Loose Parts Play and Learning with Preschoolers Part 1

July 4—Loose Parts Play and Learning with Preschoolers Part 2

Blending “How Does Learning Happen?” with Technology: A Roadmap for School-Age Success with Melanie Araujo and Steve Sellarajah, 7:00 pm—9:00 pm (2 part series)

August 6—Blending “How Does Learning Happen?” with Technology: A Roadmap for School-Age Success Part 1

August 13—Blending “How Does Learning Happen?” with Technology: A Roadmap for School-Age Success Part 2

Developing Mathematical Skills in Preschool Children with Christine Zupo, 6:30 pm—8:30 pm (2 part series)

August 8—Developing Mathematical Skills in Preschool Children Part 1

August 29—Developing Mathematical Skills in Preschool Children Part 2

Secrets to Effective Behaviour Management with Pat Veleno, 6:30 pm—8:30 pm (2 part series)

August 20—Secrets to Effective Behaviour Management Part 1

August 27—Secrets to Effective Behaviour Management Part 2
CPR Courses Availability:
Course availability is structured through community need, please select courses that align with your training needs. CDRCP is not responsible for tracking individuals’ training requirements, it is the responsibility of the individual to be aware of the course that is best suited for them. Participants are encouraged to dress comfortably in order to participate in training activities. Lunch will not be included, however, participants will be close to local restaurants.

Certifications:
Standard First Aid and CPR-C is a 3 year certification. It is highly recommended that two renewal programs are not completed consecutively. One renewal program must be completed then following the completion of the two-full day program within the next three year period.

Standard First Aid and CPR (level C):
This 16 hours course covers the recognition and treatment of life-threatening and severe emergencies, secondary assessment and vital signs. This is the minimum course required to achieve compliance under the Occupational Health and Safety Act, WSIB Ontario and the Child Care and Early Years Act, 2014. The Standard First Aid with CPR-C course combines adult, child and infant CPR along with the recognition and treatment of medical emergencies and traumatic injuries. Modules include shock, bleeding and wound care, burns, head and spinal management, seizures, asthma and allergic reactions & Epi-Pen use. This course provides the steps for relief of choking for adult, children and infants. It also includes hands-on component for use of an Automated External Defibrillator (AED). First Aid topics for bone and joint injuries, heat/cold injuries, poisons, bites, stings and eye injuries are included in this comprehensive program.

Renewal: Standard First Aid and CPR-C
The Standard First Aid with CPR-C Renewal course combines adult/child and infant CPR along with the recognition and treatment of medical emergencies and traumatic injuries. Modules include shock, bleeding, wound care, burns, head and spinal management along with diabetic emergencies, seizures, asthma and allergic reactions. The course provides the steps for relief of choking for adult, children and infants. It also includes a hands-on training component for the use of an Automated External Defibrillator (AED).

Friendly Reminder!
Sessions are subject to fluctuation throughout the calendar year. For the most up-to-date information on available sessions, including Standard First Aid and CPR, please see our PE calendar or our Quality Initiatives page for what’s new. You can register by either going online, www.cdrcp.com or calling anyone on the Quality Initiatives Team, 905-507-9360.
Standard First Aid and CPR Sessions Available

Standard First Aid and CPR (level C) Sessions: *Training will take place from 8:30 AM—4:30 PM (16 hours)*

<table>
<thead>
<tr>
<th>Sessions Available:</th>
<th>Location:</th>
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<tbody>
<tr>
<td>Saturday May 4 and Saturday May 11, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
</tr>
<tr>
<td>Saturday June 8 and Saturday June 15, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
</tr>
<tr>
<td>Saturday July 13 and Saturday July 20, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
</tr>
<tr>
<td>Friday August 16 and Saturday August 17, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
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Renewal: Standard First Aid and CPR-C Sessions: *Training will take place from 8:30AM—4:30PM (8 hours)*

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<th>Location:</th>
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<tbody>
<tr>
<td>Friday May 3, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
</tr>
<tr>
<td>Saturday June 1, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
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<td>Friday July 12, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
</tr>
<tr>
<td>Saturday August 10, 2019</td>
<td>CDRCP #103 – 75 Watline Avenue, Mississauga, ON L4Z 3E5</td>
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How to Register

Online
Please visit https://www.cdrcp.com/professional-education#how-to-register to register online by using the calendar. All registration should be completed online.

Fax
Send your completed registration form with payment information (credit card or copy of the cheque) to 905-890-8325.

Call
Contact anyone on the Quality Initiatives team at 905-507-9360 with online registration support.

In Person
Pay by: Cash, Visa Debit, Credit Card, or Cheque at the time of registration.
Please note: all payments must be made prior to attending workshops.

**CANCELLATION AND REFUND POLICY:**
All registrations must be accompanied by payment. If you are paying by cheque, please fax in a copy of the cheque along with the registration form, and the actual cheque in the mail by the next business day. Cheques should be made payable to CDRCP. Post-dated cheques are not accepted as payment confirms your registration. A Service Charge will apply to all NSF cheques. Cash will only be accepted if paying at the time of registration. **CANCELLATION AND REFUND POLICY:** If you are unable to attend a workshop, it will result in a loss of payment. No refunds are provided once you register. Participants are more then welcome to send replacement staff.

**ARRIVAL POLICY:**
All sessions will begin promptly at the noted time indicted in the workshop description. Please arrive on time to ensure you do not miss valuable information.
## Training Cost: Cost for Professional Education Sessions

<table>
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<tr>
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<th>Fee</th>
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<tr>
<td>Raising the Bar Programs in Peel:</td>
<td>$6.00</td>
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<tr>
<td>Licensed Child Care and Early Years’ Programs in Peel:</td>
<td>$16.00</td>
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<tr>
<td>Other: Individual(s) working outside Peel Region:</td>
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## Cost for Standard First Aid and Infant Child CPR

<table>
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<td>Raising the Bar Programs in Peel:</td>
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</tr>
<tr>
<td>Licensed Child Care and Early Years’ Programs in Peel:</td>
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</tr>
<tr>
<td>Other: Individual(s) working outside Peel Region:</td>
<td>$100.00</td>
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## Cost for Renewal: Standard First Aid and CPR-C

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<td>Raising the Bar Programs in Peel:</td>
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<tr>
<td>Licensed Child Care and Early Years’ Programs in Peel:</td>
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<tr>
<td>Other: Individual(s) working outside Peel Region:</td>
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## Cost for Setting the Stage Training and Train the Trainer

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<th>Fee</th>
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<tr>
<td>Raising the Bar Programs in Peel:</td>
<td>$25.00</td>
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<tr>
<td>Licensed Child Care and Early Years’ Programs in Peel:</td>
<td>$35.00</td>
</tr>
<tr>
<td>Other: Individual(s) working outside Peel Region:</td>
<td>$180.00</td>
</tr>
</tbody>
</table>
### Business and Human Resources

#### Being the Best Leader You Can Be! The Making of a Life-Changing Mentor!

As a supervisor you play a crucial role in empowering, inspiring, and motivating those around you; bringing out the very best in each and every member of the team. It’s not always easy! In this workshop we'll explore the fundamental attributes of a motivational leader in order to best support the staff, build a cohesive team, and foster a positive and productive environment for all.

- **Date/Time:** Thursday May 9, 9:30 am—11:30 am
- **Presenter:** Simmy Zaret, Simmy Zaret Consulting
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

#### Modern Leadership in the Workplace

Traditional approaches to leadership have left us with poor results and stressed relationships. This interactive workshop enables participants to develop more practical ideas of a leader’s role in today’s workplace so one can better impact the lives of the children placed within their care. We will learn to align individual communication styles with team goals, and examine frameworks for impactful leadership.

- **Date/Time:** Thursday May 16, 1:30 pm—3:30 pm
- **Presenter:** Jason Lapidus, Lapidus Communications
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

#### Contagious Leadership that Inspires Confidence

Inspire leadership skills in the educators and the children to promote a stronger environment where individuals feel empowered and confident to “lead without a title”, to take calculated risks, and to develop strong leadership skills in children to help prepare them for their later years in life.

- **Date/Time:** Tuesday May 21, 10:30 am—12:30 pm
- **Presenter:** Jodie Pappas, JP Human Resources Consulting
- **Level:** Intermediate
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
## Business and Human Resources

### Workplace Happiness and How to Grow and Nurture It

Are you happy at work? Is happiness something tangible? Is it worth working towards, both personally and professionally, as a team? We work in a place in which we want children of all ages to experience happiness and to feel that they belong. So why are we not working to ensure a culture in which we can grow and nurture our own sense of happiness, comradery, and mutual support? In this workshop, we will explore what workplace happiness is and how to achieve it!

- **Date/Time:** Tuesday May 28, 1:30 pm—3:30 pm
- **Presenter:** Michael Lewis, Michael Lewis Training, Motivation and Development
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Child Care, Montessori Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Strategic Planning

Strategic planning is so much more than preparing a document. It is a living entity that thrives when all team members are involved on a regular basis. The development of an action plan that takes an organization from where it is today to where you and your team want it to be, requires responses to key questions. After that stage, the priorities and action steps can be established, as well as an implementation plan for organizations to succeed and prosper.

- **Date/Time:** Thursday May 30, 9:30 am—11:30 am
- **Presenter:** Merri Macartney
- **Level:** Intermediate
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Conducting Effective Performance Reviews

Performance reviews are an essential component of any employee’s development. The performance review meeting is an important aspect of career planning, and the outcomes of the meeting should be known to the employee and supervisor before the meeting actually takes place.

Setting goals and objectives will give employees a focus, and is one of the key aspects to meeting overall company objectives. Supervisors must also learn how to give feedback in a professional manner, whether it is positive or negative.

- **Date/Time:** Thursday June 20, 1:30 pm—3:30 pm
- **Presenter:** Training Centre of Canada
- **Level:** Intermediate
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
### Seven Things Every Educator Wants Their Supervisor to Know

Every day people work together, side by side, and strive for the best learning experiences for children. A part of the role of an educator is to work closely with the supervisor or manager and take their guidance. What advice would staff give supervisors to be better and more successful in their roles? What should they consider implementing as they provide leadership at work? Discussions will revolve around what educators feel would be of great and immediate benefit to supervisors.

- **Date/Time:** Tuesday June 25, 1:30 pm—3:30 pm
- **Presenter:** Michael Lewis, Michael Lewis Training, Motivation and Development
- **Level:** Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Montessori, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Reflection and Feedback

It is quite common for organizations to debrief their strategic plan to employees too late. When information is shared on a regular basis with employees, a plan’s trajectory can be tweaked before the final plan is implemented. What do you think it would mean for teams to know that fresh ideas are welcomed? Start from the beginning to let your team buy-in to the plan and become critical thinkers in action.

- **Date/Time:** Thursday June 27, 1:30 pm—3:30 pm
- **Presenter:** Merri Macartney
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Managing Time on Your Teams

Not enough hours in the day to get your “to do” list completed? Feeling frustrated and overwhelmed? Using proven time management techniques such as time blocking, the “Pomodoro” technique, and other best practices, leaders will learn that they can set the terms for how their day looks and how they get through their “to do” list in order to feel accomplished and reduce their stress level.

- **Date/Time:** Tuesday July 23, 10:30 am—12:30 pm
- **Presenter:** Jodie Pappas, JP Human Resources Consulting
- **Level:** Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
Business and Human Resources

Delegation—The Art of Delegating Effectively

Effective delegation is one of the most valuable skills you can master. It reduces your workload and develops employee skills. Delegating prepares staff who work with you to be able to handle your responsibilities and simultaneously allows you to advance to other career opportunities within your organization.

This seminar will explore when to delegate and whom to delegate to. We will also discuss the delegation process step by step and learn techniques to delegate effectively.

Date/Time: Wednesday July 24, 9:30 am—11:30 am
Presenter: Training Centre of Canada
Level: Beginners and Intermediate
Audience: Supervisors, Managers and Licensees
Location: CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Employee Recognition and Reward

There are different monetary and non-monetary ways to recognize staff’s contributions depending on the company’s culture and strategy. It’s crucial to do this right as it will impact an employee’s performance, moral, engagement, well-being and absenteeism.

In this interactive workshop, we will learn the best practices and tools relevant to the early years sectors to value, appreciate, and recognize employees’ achievements.

Date/Time: Tuesday August 13, 10:30 am—12:30 pm
Presenter: Sara Kani, Sara Kani Consulting
Level: Beginners, Intermediate and Advanced
Audience: Supervisors, Managers and Licensees
Location: CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

3 Easy Ways to Manage Your Time Effectively!

Not enough hours in the day to get your never-ending “to do” list done? Feeling frustrating and overwhelmed?

Did you know...

1. Work in shorter blocks of time and set a timer to take regular breaks. You will actually be more productive!
2. Use a simple prioritizing system...your daily to do list can be tackled as easy as A, B, C!
3. Apply simple time blocking steps to your day, you can make sure to scratch things off your to do and be less stressed out!

To learn more about how to manage your time more effectively, see Page 18 for more details!
Introduction to Microsoft Excel—Part 1

If you are wondering how to maximize your use of Microsoft Excel then this series is for you! Participants will learn how to create, save, and navigate an Excel Worksheet. We will also explore various forms of data entry, constructing and copying formulas, and cell formatting. Finally, we will explore how to print the data to share and present in a meaningful way.

- **Date/Time:** Tuesday August 6, 1:30 pm—3:30 pm
- **Presenter:** Uday Mohaya
- **Level:** Beginners and Intermediate
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Introduction to Microsoft Excel—Part 2

The session will expand on the content from Part 1 and will be helpful for those who would like to go from beginner to the next level. It will be a constructive session for those who would like to use functions, move data, and resolve error messages. We will learn how to use date and time functions, freeze panes, and create/sort/filter data. We will also explore how to generate various layouts for worksheets.

- **Date/Time:** Tuesday August 13, 1:30 pm—3:30 pm
- **Presenter:** Uday Mohaya
- **Level:** Intermediate
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Introduction to Microsoft Excel—Part 3

In this last session, we will explore more advanced tools such as using functions, creating tables, and managing large workbooks and determine how to analyze data in a variety of ways. Participants will also have an opportunity to create custom Excel spreadsheets that meet the unique needs of their organization and day-to-day work.

- **Date/Time:** Tuesday August 20, 1:30 pm—3:30 pm
- **Presenter:** Uday Mohaya
- **Level:** Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
Marketing Your Home Child Care—Part 1
There are so many marketing options to choose from, but deciding which ones will actually get the best results for the smallest investment can be tricky. During this first of two sessions, participants will explore the best 'small budget' marketing options and understand which ones will provide the best return on your investment by targeting the customers you want and how to grow your business.

- **Date/Time:** Thursday August 8, 7:00 pm—9:00 pm
- **Presenter:** Matt Dunlop, Mainstream Corporate Training
- **Level:** Intermediate and Advanced
- **Audience:** Home Child Care Providers and Home Child Care Visitors
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Marketing Your Home Child Care—Part 2
During this second session, we will work interactively through developing a marketing plan that determines what marketing channels you will use, how you will use them, and how to apply an appropriate budget for each. Most importantly, we will look at how to measure the results and success of your marketing plan and discuss how to manage changes to your plan when something is not working.

- **Date/Time:** Thursday August 29, 7:00 pm—9:00 pm
- **Presenter:** Matt Dunlop, Mainstream Corporate Training
- **Level:** Intermediate and Advanced
- **Audience:** Home Child Care Providers and Home Child Care Visitors
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Hi, I’m New!
Navigating as the new supervisor can be extremely stressful, whether you are new to the centre or hired from within an organization. In this workshop, the focus will be on newly appointed supervisors. Participants will learn strategies for building relationships with staff, families, as well as other professionals. We will also explore ways to set priorities to manage your new workload.

- **Date/Time:** Tuesday August 20, 6:30 pm—8:30 pm
- **Presenter:** Sally Kotsopoulos
- **Level:** Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
Managing Employee Performance Issues—Part 1
In part one of this two-part series, we will identify the underlying issues and spot the traps that may contribute to an employee’s performance issues. Learn practical tools and tips to handle an employee’s performance issues such as negativity or bad habits that persist or recur even after you have attempted to resolve them.

- **Date/Time:** Monday August 19, 1:30 pm—3:30 pm
- **Presenter:** Carla Palmer, The Manager’s Boot Camp
- **Level:** Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Managing Employee Performance Issues —Part 2
In part two of this two-part series, we will explore when to “call in the cavalry” for complex issues that require human resources, mental health or legal advice; and what to do in the meantime. Strategies for effective communication will be discussed and examples as to how to implement them will be explored.

- **Date/Time:** Monday August 26, 1:30 pm—3:30 pm
- **Presenter:** Carla Palmer, The Manager’s Boot Camp
- **Level:** Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Team Building and Working with Different Personalities
This engaging workshop will help examine useful ideas of personality and will share strategies on managing the ups and downs of a range of personality types. When we access the best aspects of ourselves and our team members, we are better equipped to provide the best care for the children in our community.

- **Date/Time:** Wednesday August 28, 9:30 am—11:30 am
- **Presenter:** Jason Lapidus, Lapidus Communication
- **Level:** Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Montessori, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
## Legislation

### Dual Relationships and Your Professional Role

Developing positive relationships is fundamental to the practice of registered early childhood educators; however, challenges can arise when dual relationships are introduced. Join the College of ECE and other RECEs to discuss using good professional judgement, assessing risks and taking action to support ourselves in maintaining high quality professional relationships.

- **Date/Time:** Thursday August 1, 6:30 pm—8:30 pm
- **Presenter:** Melanie Dixon, College of Early Childhood Educators
- **Level:** Beginners
- **Audience:** Child Care, School–Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Fostering Engagement

#### Setting the Stage for Successful Behaviour

Setting the Stage for Successful Behaviour is a positive and structured process that adults can use to support children with challenging behaviour. This approach is based upon the concept that all behaviour occurs for a reason. Once we identify these reasons, we can then use this information to develop strategies which will help the child learn ways of behaving successfully. A manual will be provided to those who attend. Access to CDRCP’s Setting the Stage online resources will also be provided. **Note:** This is a two–day training session — Registrants must attend both days, lunch will be provided.

- **Date/Time:** Friday May 3 & 10, 9:00 am—4:00 pm
- **Presenter:** Sharon Casey, Consultant
- **Level:** Beginners
- **Audience:** Child Care, School–Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Mississauga– Hansa Haus, 6650 Hurontario Street Mississauga, ON L5W 1N3 (West side off Hurontario Rd, turn on Ambassador Dr.)

#### Setting the Stage: Putting Strategies into Practice

Safe, accepting, and caring communities for supporting children and their families do not happen by accident. They are created by individuals who are leaders in acceptance and respect. Working relationships between family support professionals and families are built on listening and understanding. These relationships must consider and respect differences in goals, lifestyle and understanding of children’s needs. This training will provide the opportunity to consider different strategies, in being proactive and in addressing a variety if situations, using the STS approach.

**Note:** It is mandatory that registrants must have attended the two–day Setting the Stage for Successful Behaviour training within the last 2 years.

- **Date/Time:** Friday June 7, 9:00 am—12:00 pm
- **Presenter:** Noreen Hornsby, Setting the Stage Committee Member and Trainer
- **Level:** Intermediate
- **Audience:** Child Care, School– Age, Home Child Care, EarlyON, Montessori and Resource Consultant
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
# Fostering Engagement

## Adoption Series: Building Families Through Adoption Part 1

In Part 1 of this 2-part series, we will introduce EarlyON educators to the world of adoption and the lifelong implications of adoption to children and their families. The session will cover how families adopt in Ontario, what brings families and children to adoption, and what adoptive families look like.

- **Date/Time:** Wednesday May 1, 1:30 pm—3:30 pm
- **Presenter:** Pat Convery & Judy Archer, Adoption Council of Ontario
- **Level:** Beginners
- **Audience:** EarlyON
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

## Adoption Series: Through the Eyes of a Child Part 2

In part 2, we will continue building knowledge about adoption by looking at it through the eyes of a child. We will explore the core issues of adoption, including grief and loss for the child and implications for caregivers. Other issues such as positive adoption language, understanding the adoption constellation, and strategies for creating an adoption sensitive environment will also be discussed.

- **Date/Time:** Wednesday May 8, 1:30 pm—3:30 pm
- **Presenter:** Pat Convery & Judy Archer, Adoption Council of Ontario
- **Level:** Beginner
- **Audience:** EarlyON
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

## Positive Adult-Child Interactions

Relationships are built daily and have long lasting impact on everyone involved. Participants will collaborate and co-learn about how powerful their interactions are. As we group we will explore child development and the challenges and strategies educators face during their interactions. We will also discuss how these interactions influence the children and families in our environments.

- **Date/Time:** Tuesday May 7, 6:30 pm—8:30 pm
- **Presenter:** Kelly Woodward
- **Level:** Intermediate
- **Audience:** Child Care, EarlyON and Home Child Care
- **Location:** Mount Pleasant Civic Square, 100 Commuters Dr, Brampton, L7A 0G2
### Confrontation or Collaboration—You Choose!

In this workshop, we will discuss the reasons why confrontation behaviour occurs, explore the impact that collaboration and confrontation have on energy levels, and understand how body language can influence the message. We will focus on how collaboration can increase motivation and build strong teams. Participants will be encouraged to identify their own behaviours and create a strong personal reputation as a role model.

- **Date/Time:** Tuesday May 14, 1:30 pm—3:30 pm
- **Presenter:** Helen Lomax, Pathways and Transitions
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Montessori, Home Child Care, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Les Enfants Difficultes: Comportement Perturbateur
**Ou Opportunité D'apprentissage**

Le comportement perturbateur est difficile, frustrant et épuisant. Compris pour ce qu'il est, il peut devenir une expérience d'apprentissage autant pour les enfants que pour les adultes. Des stratégies pour partager avec votre personnel seront offertes par le biais de discussions et de jeux de rôles.

- **Date/Time:** Tuesday June 25, 6:30 pm—8:30 pm
- **Presenter:** Hélène Pouliot-Cleare, Pouliot Cleare & Associates
- **Level:** Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Montessori, Home Child Care, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Mississauga—Homewood Suites, 6430 Edwards Blvd, Mississauga, L5T 2Y3

### Cultivating a Caring Culture Through Consideration

Culture is the way you think, act, and interact. A sign of a positive workplace culture is laughter... how much laughter do you hear at your workplace? This workshop will support organizational leaders in taking important steps to make their workplace a better place to be in and will illustrate how simple considerations can revitalize any workplace.

- **Date/Time:** Thursday July 18, 9:30 am—11:30 am
- **Presenter:** Debbi Sluys, Dare to Declare
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
Fostering Engagement

Understanding Emotional Regulation, What’s Next? Part 1

This workshop is suited for those who have already attended Emotional Regulation workshop in March 2019. Some review of the previous materials on understanding emotional regulation and collecting data will be provided. This workshop will look at how different emotional reactions can serve different functions for an individual. You will have an opportunity to learn different types of strategies that can be implemented.

- **Date/Time:** Tuesday July 23, 6:30 pm—8:30 pm
- **Presenter:** Dilraj Pama, Peel Behavioural Services
- **Level:** Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1

Understanding Emotional Regulation, What’s Next? Part 2

Building on the lessons learned from the first part of this series, participants will examine why individuals can have different emotional reactions in different environments. Techniques for maintaining and generalizing positive changes across environments will be discussed. Participants will also be walked through a case study which will summarize techniques discussed during part one and two.

- **Date/Time:** Tuesday August 6, 6:30 pm—8:30 pm
- **Presenter:** Dilraj Pama, Peel Behavioural Services
- **Level:** Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1

Can You Hear Me Now?

This workshop explores the importance of observing and listening to all the ways children communicate with educators and the possible reasons why. The goal is to help educators to communicate more effectively and in a positive way with children, while encouraging children to develop good communication skills to have their needs met and to express themselves.

- **Date/Time:** Thursday July 25, 6:30 pm—8:30 pm
- **Presenter:** Sally Kotsopoulos
- **Level:** Beginners
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultant, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
# Fostering Engagement

## Beyond the Basics: Inspiring Environments with Blocks and Art Part 1
This 2-part series about the environment as the third teacher is primarily designed for educators working with preschoolers. In session one, the focus will be on Block Play and how these open-ended materials support learning through play within indoor and outdoor environments.

- **Date/Time:** Tuesday August 6, 6:30 pm—8:30 pm
- **Presenter:** Cindy Green, Cindy M Green
- **Level:** Intermediate
- **Audience:** Child Care, EarlyON, Home Child Care, Montessori, Resource Consultant, Supervisors, Managers and Licensees
- **Location:** CDRC, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

## Beyond the Basics: Inspiring Environments with Blocks and Art Part 2
This 2-part series about the environment as the third teacher is primarily designed for educators working with preschoolers. Session two we will again go beyond the basics and consider how the environment can be organized to promote creative expression and the languages of art.

- **Date/Time:** Tuesday August 13, 6:30 pm—8:30 pm
- **Presenter:** Cindy Green, Cindy M Green
- **Level:** Intermediate
- **Audience:** Child Care, EarlyON, Home Child Care, Montessori, Resource Consultant, Supervisors, Managers and Licensees
- **Location:** CDRC, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

## Self-Regulation for Preschoolers
Self-regulation is considered to be one of the most important factors that influences a child’s emotional and behavioural development. Proper consideration, awareness and training of children’s self-regulation skills must be an important part of any learning environment. Participants will explore the concept of self-regulation in young children and provide educators with practical tools to implement in their early years program.

- **Date/Time:** Thursday August 22, 6:30 pm—8:30 pm
- **Presenter:** Parinaz Nikfarjam, Consultant
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Child Care, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** CDRC, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
## Health and Wellness

### Food Awareness for Home Child Care Providers

An information session will be held for Home Child Care providers to discuss signs, symptoms, causes, risk areas and best practice tips for the management of food for children who have food allergies and anaphylaxis. This session will cover food allergies and intolerances, common causes, identification and management of risks to create safe home environments for children with allergies. Also, some common food substitutions will be shared as well.

- **Date/Time:** Tuesday May 7, 7:00 pm—9:00 pm
- **Presenter:** Marilyn Allen, Food Allergy Canada
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Home Child Care Providers
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Seven Life Areas Vision Board Part 1

Meaningful professional development begins with reflective personal development. This workshop will help you uncover your goals in seven life areas. Learn about the power of focused attention, intentional goal setting and affirmations. Learn how to design a vision board which will work to manifest your best blended life. Discover how to ask, believe and receive. Reflect on a power word and how your mindset can shift with the words and the questions we use.

- **Date/Time:** Thursday May 23, 6:30 pm—8:30 pm
- **Presenter:** Debbi Sluys, Dare to Declare
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Seven Life Areas Vision Board Part 2

With gentle coaching from Debbi, participants will uncover their purpose. Filter images to represent goals in seven life areas. Dream big with the liberty to eliminate the "how" or "should". Discover where to place your vision board, who to share it with, and how to reflect on it daily. Learn about obvious and inspired actions. Uncover the secret of a mindset of gratitude and set a quantum leap goal. Dare to declare your vision board goals!

- **Date/Time:** Thursday May 30, 6:30 pm—8:30 pm
- **Presenter:** Debbi Sluys, Dare to Declare
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
# Health and Wellness

## Surviving Stress & Beating Burnout Part 1

Survival and burnout go hand-in-hand. Sometimes it is about surviving; getting through the day, hour by hour, not knowing how you’re going to make it. Most people describe their stress with never-ending lists; pressure to be everything to everyone, and with each passing day, people feel more stress because they are in survival mode...is this you? As part of this interactive workshop, we will share tips, resources, and stories.

- **Date/Time:** Tuesday May 28, 6:30 pm—8:30 pm
- **Presenter:** Andriana Mantas, Andriana Mantas Collaborative Minds
- **Level:** Beginners
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1

## Surviving Stress & Beating Burnout Part 2

Burnout can be described as constant fatigue, a sensation of being overwhelmed, and feeling unsupported. Burnout is not about working long hours, burnout occurs when people feel unappreciated, undervalued or misunderstood. This can lead to stressful situations causing fatigue and burnout. We will provide tips and share resources on how to deal with burnout, as well as the causes and effects of burnout.

- **Date/Time:** Tuesday June 4 6:30 pm—8:30 pm
- **Presenter:** Andriana Mantas, Andriana Mantas Collaborative Minds
- **Level:** Beginners
- **Audience:** Child Care, School– Age, Home Child Care, EarlyON, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1

## Power of Nature to Heal Children

Children today are exposed to new concerns, such as nature-deficit disorder, depression, anxiety, hyperactivity. Research tells us that spending time in nature is therapeutic. In this workshop, you can identify teaching strategies to assist in the healing of children. You will learn strategies that will help children develop a sense of self and develop a connection to the elements of nature thus assisting in their healing.

- **Date/Time:** Wednesday May 29, 10:30 am—12:30 pm
- **Presenter:** Carolyn Hadcock, Miss Carolyn Seminars
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Child Care, School– Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
## Understanding Healthy Eating in the Early Childhood Setting—Part 1 for Licensed Child Care

Establishing healthy eating behaviours in young children positively influences future lifestyle choices and health. In Part 1 of this series, participants will learn how to support healthy eating habits in the early years and how to create menus to support this goal. This workshop will provide practical tips and resources for encouraging healthy eating habits and creating supportive nutrition environments in licensed child care.

**Note:** Mandatory attendance in Part 1 and Part 2.

### Date/Time:
Tuesday June 4, 2:00 pm—4:00 pm

### Presenter:
Ontario Public Health Association & Region of Peel–Public Health

### Level:
Beginners

### Audience:
Cooks, Food Handlers, Supervisors, Managers and Licensees

### Location:
CDRPC, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

## Understanding Healthy Eating in the Early Childhood Setting—Part 2 for Licensed Child Care

In Part 2 of this workshop, participants will learn the meaning of local food, how to incorporate local foods at their centres to support healthy menus and healthy eating. They will also learn strategies and activities to teach children about where foods come from and how to enjoy them.

**Note:** Mandatory attendance in Part 1 and Part 2.

### Date/Time:
Tuesday June 11, 2:00 pm—4:00 pm

### Presenter:
Ontario Public Health Association & Region of Peel–Public Health

### Level:
Beginners

### Audience:
Cooks, Food Handlers, Supervisors, Managers and Licensees

### Location:
CDRPC, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

## Menu Planning for Healthy Eating in Licensed Child Care—Part 3 For Licensed Child Care

Planning healthy menus in child care with a variety of foods and individual dietary needs can be challenging. Participants will work with registered dietitians to discuss and review their menus and receive feedback on how to improve them to meet current provincial guidelines. Participants will come prepared with their menus, questions, and ideas to share with others.

**Note:** Reserved for participants who attended "Understanding Healthy Eating in the Early Childhood Setting Part 1 and Part 2." Please register for either June 25 or July 9.

### Date/Time:
Tuesday June 25 or July 9, 2:00 pm—4:00 pm

### Presenter:
Ontario Public Health Association & Region of Peel–Public Health

### Level:
Beginners

### Audience:
Cooks, Food Handlers, Supervisors, Managers and Licensees

### Location:
Region of Peel, 7120 Hurontario Street, Mississauga, L5W 1N4
Understanding Healthy Eating in the Home Child Care Settings—Part 1

Establishing healthy eating behaviours in young children positively influences future lifestyle choices and health. In Part 1 of this workshop, participants will learn how to support healthy eating habits in the home child care environments and how to create menus to support this goal. This workshop will provide practical tips and resources for encouraging healthy eating habits and creating a supportive nutrition environment in home child care.

Note: Mandatory attendance in Part 1 and Part 2.

Understanding Healthy Eating in the Home Child Care Settings—Part 2

In Part 2 of this workshop, home child care providers will learn the meaning of local food, how to incorporate local foods in their homes to support healthy menus and healthy eating. They will also learn strategies and activities to teach children about where foods come from and how to enjoy them.

Note: Mandatory attendance in Part 1 and Part 2.

Menu Planning for Healthy Eating in Home Child Care—Part 3

Planning healthy menus in home child care with a variety of foods and individual dietary needs can be challenging. Home child care providers will work with registered dietitians to discuss and review their menus and receive feedback on how to improve them to meet current provincial guidelines. Participants will come prepared with their menus, questions, and ideas to share with others.

Note: Reserved for participants who attended "Understanding Healthy Eating in the Home Child Care Setting Part 1 and 2.” Please register for either June 25 or July 9.
Exploring the Beginner’s Mind—An Introduction to Mindfulness

Mindfulness is a simple practice but it is not always easy to access if your moment to moment experiences tend to be stressful. In this workshop, participants will try various stress-reducing exercises, from formal to practical, that can nestle nicely into anyone’s busy schedule if they are willing to have a beginner’s mind. This session is a great introduction to mindfulness but also an invitation for more seasoned practitioners to reset and begin again.

- **Date/Time:** Thursday June 13, 6:30 pm—8:30 pm
- **Presenter:** Lisa Clark, Lala Wellness
- **Level:** Beginners
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori and Resource Consultants
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Physical Literacy and The Early Years

Physical literacy is the development of fundamental movement skills that enable children to move with competence and confidence in a wide variety of activities that benefit their physical, cognitive, emotional and social development. This fun, interactive and educational workshop is designed to support you in promoting physical literacy in your early years’ settings. Topics will include: Physical literacy and its’ benefits; the Canadian Physical Activity Guidelines for the Early Years; how physical literacy can be integrated into daily physical activity programming and hands-on activities to develop physical literacy in various settings.

- **Date/Time:** Wednesday June 19, 6:30 pm—8:30 pm
- **Presenter:** Physical Literacy
- **Level:** Beginners
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Port Credit Arena, 40 Stavebank Rd, Mississauga, L5G 2T8

Skip, Hop and Be Active

In this hands-on workshop, we will develop an increased understanding of physical literacy development in young children (0 to 12 years) by defining physical literacy, describing the relationship between brain and motor skill development, describe how environments, activities, and equipment can support physical development, and review examples of structures and facilitated active play.

- **Date/Time:** Thursday June 20, 6:30 pm—8:30 pm
- **Presenter:** Jinder and Sabrina Virdee
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Montessori and Resource Consultants
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
Health and Wellness

**Change Your Relationship with Anxiety Through the Practice of Yoga—Part 1**

This two-part series will gently expose participants to a new way of not only practicing yoga within the workplace, but how to embrace our anxiety. In this fast paced society, it is easy to start feeling overwhelmed. The mind is constantly racing and this can lead to frustration, exhaustion, and a lack of productivity. Learning yoga off the mat is a powerful thing; expand your mind and bend into a new reality.

- **Date/Time:** Tuesday July 9, 6:30 pm—8:30 pm
- **Presenter:** Angelique Benois, Nurturing Our Wellbeing
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care and Montessori
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

**Change Your Relationship with Anxiety Through the Practice of Yoga—Part 2**

In part two of this two-part series, we will engage in more experiential learning. Through careful guidance, participants will learn to apply the principles of yoga when “off the mat” to shift their understanding of anxiety. Join us in order to expand your mind and help create a reality for yourself that is based on wellness!

- **Date/Time:** Tuesday July 16, 6:30 pm—8:30 pm
- **Presenter:** Angelique Benois, Nurturing Our Wellbeing
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care and Montessori
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

**Educators Have Stress Too**

This workshop is designed to enhance your understanding of the negative effects of stress in the classroom. The focus will be to understand the nature of stress and to address specific sources of stress that undermine effective facilitating and learning in the classroom.

- **Date/Time:** Tuesday July 23, 6:30 pm—8:30 pm
- **Presenter:** Jinder and Sabrina Virdee
- **Level:** Beginners Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Montessori and Resource Consultants
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
# Health and Wellness

## Self-Esteem and the Impact It Has on Life

In this workshop participants will learn how their current self-esteem impacts their success and relationships. Also it will allow participants to make themselves a priority, create a healthy mental attitude, teach them how to reframe their thoughts into positive ideas and lastly acknowledge and accept their success and deal with failures. It will help them identify techniques to build self-esteem and self-confidence, and create a personal action plan for the future they would like to see.

- **Date/Time:** Thursday August 1, 1:30 pm—3:30 pm
- **Presenter:** Helen Lomax, Pathways & Transitions
- **Level:** Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

## Happy and Healthy Children: Creating Body Positive Classrooms

This workshop will introduce strategies to create body positive classrooms, including effective ways to discuss body image, weight-based bullying and healthy lifestyle habits with children and their families. Presenters will use case scenarios and will provide resources for children and families facing body image and/or eating challenges. This presentation is geared towards educators working with elementary school-aged youth.

- **Date/Time:** Thursday August 8, 6:30 pm—8:30 pm
- **Presenter:** Kaitlyn Axelrod, MSW, RSW and Kelsey Johnston, MSW, RSW, Sheena’s Place
- **Level:** Beginners
- **Audience:** School-Age
- **Location:** Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1

## Food Allergy Awareness

Food Allergy Canada will provide an information session for childcare staff on the management of allergens and identifying the risks in the management of food in order to meet the requirements of the Ontario Child Care Act. Specific attention will be provided to ensure the safe handling of food. Preparation and serving of food for children who have serious food allergies/anaphylaxis will be discussed, as well as, the signs and symptoms of anaphylaxis and importance of labelling food.

- **Date/Time:** Tuesday August 27, 1:30 pm—3:30 pm
- **Presenter:** Marilyn Allen, Food Allergy Canada
- **Level:** Beginners and Intermediate
- **Audience:** Cooks and Food Handlers
- **Location:** Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1
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### Children's Environments: A Fun Place to Be!

Learn how to set up the children’s environment to eliminate misbehavior so children can have fun while learning. Children learn best through their interactions with objects and materials, provided that an organized environment is served as the setting for learning. Participants will be able to reflect on their work habits and gain knowledge setting up children’s environment according to the key elements of play based arrangement.

- **Date/Time:** Wednesday May 1, 10:30 am—12:30 pm
- **Presenter:** Jinder Virdee
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Narratives in the Early Childhood Classroom

Story times and picture books are fundamental elements in any early childhood classroom. The stories educators share with the children are significant to the social, emotional, and cognitive development of children. Participants will explore how oral and written narratives shape the classroom environment and affect the overall growth of children.

- **Date/Time:** Thursday May 2, 6:30 pm—8:30 pm
- **Presenter:** Parinaz Nikfarjam, Consultant
- **Level:** Beginners, Intermediate and Advanced
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori and Resource Consultant
- **Location:** Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1

### Can’t Sit Still

Today’s classrooms look a lot different than it used to. Children’s individualized needs are ever-increasing, yet we do not have as much support as we need to help children in our care. Behaviour is a language that we do not yet fully understand. This workshop will provide insight into what to look for in behaviours and examine the difference between reacting to behaviours and responding to behaviours.

- **Date/Time:** Tuesday May 14, 6:30 pm—8:30 pm
- **Presenter:** Lisa Clark, LaLa Wellness
- **Level:** Beginners
- **Audience:** Child Care, EarlyON, Home Child Care and Montessori
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
## Program and Curriculum

### The ‘Nature’ of Play

This workshop will introduce and advance participants’ understanding of the pedagogy of nature play with the hands-on approaches that Bienenstock facilitators are known for. Participants will be led through a variety of outdoor programming ideas that will add another layer of engagement and commitment to their programs, while naturalizing their playgrounds on a budget. Get ready to play!

- **Date/Time:** Wednesday May 15, 6:30 pm—8:30 pm
- **Presenter:** Jill Bienenstock, Bienenstock Natural Playgrounds
- **Level:** Beginners
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Brampton—Days Inn, 260 Queen St E, Brampton, L6V 1B9

### Creating Leading Spaces in our Playground

Have you thought of your playground as a second classroom? Could it be more than a place to blow off steam? This workshop examines the possibilities of creating learning experiences outside in play to promote science, math, social interactions, gross motor play, games, and much more! Come discover how to enhance your learning environment without breaking your budget!

- **Date/Time:** Thursday May 16, 6:30 pm—8:30 pm
- **Presenter:** Sally Kotsopoulos
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Supervisors, Managers, and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Experiential Learning Opportunity

*Tired of hearing about what a great program looks like and want to see it come alive?*

Join us as we take a journey through a child care program and delve into facilitated conversations around:

- Environments that invite children to positively explore, discover, and learn about themselves, their peers, and the world around them.
- What it looks like in a program when you truly view children as competent, capable, and complex thinkers.
- Ideas on how to enhance your daily practices and interactions with children and families.

*To participate in this Site Visit opportunity, turn to Page 40.*
# Program and Curriculum

**The Montessori Approach: Ontario’s How Does Learning Happen Pedagogy Part 1**

Part one of this two-part workshop will look at Montessori's work with the young child and Ontario's "How Does Learning Happen?" Pedagogy for the Early Years framework. It will act as a professional learning resource for those working in Montessori schools and discuss how Montessori education supports development by creating a team that involves the child, the educator, the community and the family.

- **Date/Time:** Thursday May 9, 6:30 pm—8:30 pm
- **Presenter:** Sandra Girlato, Montessori Fundamentals
- **Level:** Intermediate and Advanced
- **Audience:** Montessori
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

**The Montessori Approach: Ontario’s How Does Learning Happen Pedagogy Part 2**

Part two of this two-part workshop will again look at Montessori's work with the young child and Ontario's "How Does Learning Happen?" Pedagogy for the Early Years Framework. It will act as a professional learning resource for those working in Montessori schools and discuss foundations for learning with regard to belonging, well-being, engagement and opportunities for exploration, play and inquiry.

- **Date/Time:** Thursday June 6, 6:30 pm—8:30 pm
- **Presenter:** Sandra Girlato, Montessori Fundamentals
- **Level:** Intermediate and Advanced
- **Audience:** Montessori
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

**Imagining! Learn Green Screen & Stop-Frame Animation**

Introduce children to the magic of green screen and stop-frame animation! Green screens can be used to add any backgrounds you want in images or movies. Imagine students being able to fly in space, or visit the desert, ocean, or mountains! Unleash children’s creativity by mixing stop-frame animation and green screen techniques. Develop digital literacy skills too! Participants will have fun as they learn some simple media tips and tricks.

- **Date/Time:** Wednesday June 5, 7:00 pm—9:00 pm
- **Presenter:** Peter Skillen and Brenda Sherry
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultant, Supervisor, Manager and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5
Program and Curriculum

Gather ‘Round the APPfire Part I: Exploring Digital Storytelling in Early Childhood Programs

Young children live in a digital world! As educators it can often be challenging to know what, where, when, and how to use apps and iPads with young children. Please join Dane in this research informed, hands-on session for intermediate iPad users to play and learn with digital storytelling apps and create your own stories.

Note: You are strongly encouraged to bring your own device.

Date/Time: Thursday May 30, 1:30 pm—3:30 pm
Presenter: Dr. Dane Marco Di Cesare, Brock University
Level: Beginners and Intermediate
Audience: Child Care, School-Age and Resource Consultant
Location: CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Gather ‘Round the APPfire Part II: Utilizing iPads for Documentation in Early Childhood Programs

In part two of this session, participants will explore documentation options and create digital anecdotal record forms. Participants are strongly encouraged to bring their own device. This session will be very interactive and hands-on.

Date/Time: Thursday June 13, 1:30 pm—3:30 pm
Presenter: Dr. Dane Marco Di Cesare, Brock University
Level: Beginners and Intermediate
Audience: Child Care, School-Age and Resource Consultant
Location: CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

Delight! Excite! Inspire! Teach! - Creating a Loving, Fun and Motivating Learning Environment

Through a variety of interactive activities, discussions, and introspective exercises, this fun-filled workshop will investigate the essential elements within a motivating, child-centred learning environment. We will look at the rudimentary components needed to ignite curiosity, assure understanding, impart practical skills, and heighten the emotional, social, and developmental success among all those in your care.

Date/Time: Thursday June 13, 6:30 pm—8:30 pm
Presenter: Simmy Zaret, Simmy Zaret Consulting
Level: Beginners, Intermediate and Advanced
Audience: Child Care, School-Age, EarlyON, Home Child Care, Montessori and Resource Consultants
Location: Bolton- Hampton Inn and Suites by Hilton Bolton, 12700 Hwy 50, Bolton, L7E 1L9
# Program and Curriculum

## KOLTS Lab School Visit

Join us for an outdoor workshop to explore the universal possibilities of children’s play, and discover the powerful learning opportunities rooted in nature’s transformation. Spend the day engaging in authentic material encounters and meaningful dialogue with Forest School researchers. This immersive workshop explores the foundational pedagogy of forest school nature play from a reflective teaching lens, viewing the child as capable, competent and curious. Please come prepared for the weather.

**Note:** Transportation provided, participants must arrive at CDRCP by 7:15 am. Lunch will be provided.

| Date/Time: Wednesday June 19, 7:15 am—4:30 pm |
| Presenter: Fran Defilippis, KOLTS Seneca Lab School |
| Level: Beginners, Intermediate and Advanced |
| Audience: Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees |
| Location: KOLTS Seneca Lab School, 13990 Dufferin St, King City, L7B 1B3 |

## Loose Parts Play and Learning with Preschoolers—Part 1

This 2 part series is primarily designed for educators working with preschoolers. Participants will learn about the theory of loose parts and how their open-ended affordances support learning through play within indoor and outdoor environments. Ideas for resourcing loose parts and how to make them accessible to children will be shared. Part one will focus on loose parts in an indoor environment. Come ready to play!

| Date/Time: Tuesday June 25, 6:30 pm—8:30 pm |
| Presenter: Cindy Green, Cindy M Green |
| Level: Intermediate |
| Audience: Child Care, EarlyON, Home Child Care, Montessori and Resource Consultants |
| Location: Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1 |

## Loose Parts Play and Learning with Preschoolers—Part 2

This 2 part series is primarily designed for educators working with preschoolers. Participants will learn about the theory of loose parts and how their open-ended affordances support learning through play within indoor and outdoor environments. Ideas for resourcing loose parts and how to make them accessible to children will be shared. Part two will focus on loose parts in an outdoor environment. Come ready to play! On July 4th we will be outside, rain or shine.

| Date/Time: Thursday July 4, 6:30 pm—8:30 pm |
| Presenter: Cindy Green, Cindy M Green |
| Level: Intermediate and Advanced |
| Audience: Child Care, School-Age, EarlyON, Home Child Care, Montessori and Resource Consultants |
| Location: Brampton—Courtyard by Marriott Hotel and Conference Centre Toronto/ Brampton, 90 Biscayne Crescent Brampton, L6W 4S1 |
### Program and Curriculum

#### Site Visit and Information Session: Children's Choice Daycare

Children's Choice Daycare is a family run center that has been serving the Brampton community for over 25 years. The childcare serves as a second home for families and a place where love and support are always available.

Early Childhood Education is an important stepping stone in a child’s life, we take pride in the nurturing environment we provide for the children in our care. We provide a place where foundational life and social skills can be developed, along with language, a positive self-concept, self-esteem, and independence. Come take a tour of the classrooms and the uniquely transformed outdoor environment!

- **Date/Time:** Wednesday June 26, 6:30 pm—8:30 pm
- **Presenter:** Lena Kirou-Clarke
- **Level:** Beginner
- **Audience:** Child Care, School-Age. EarlyON, Home Child Care, Montessori, Resource Consultant, Supervisors, Managers and Licensees
- **Location:** Children’s Choice Daycare, 2021 Williams Pkwy East, Unit 4-6, Brampton, L6S 5P4

#### Social Media—Storytelling

Social media can be an integral part of making learning visible and supporting the four foundations of How Does Learning Happen? Ontario's Pedagogy for the Early Years. This interactive presentation will explain how to use social media platforms. Come and discover how social media can be used as a tool in building, sustaining and growing relationships with employees, families, colleagues and the broader community.

- **Date/Time:** Thursday June 27, 6:30 pm—8:30 pm
- **Presenter:** Debbi Sluys, Dare to Declare
- **Level:** Intermediate
- **Audience:** Child Care, School–Age, EarlyON, Home Child Care, Montessori, Supervisors, Managers and Licensees
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

#### The Wisdom of Nature - Connecting Learning to Outdoor Spaces

Children today have more screen time than outdoor time. A challenge is having the right equipment and resources which encourage curiosity, exploration, and inquiry. As a group we will co-learn the benefits to learning in natural settings and how this learning can open a world of endless opportunities. We will explore the element of incorporating reasonable risky play which tests limits and enhances children's potential.

- **Date/Time:** Tuesday July 9, 6:30 pm—8:30 pm
- **Presenter:** Kelly Woodward
- **Level:** Intermediate
- **Audience:** Child Care, EarlyON, Montessori and Home Child Care
- **Location:** Snelgrove Community Centre, 11692 Hurontario St, Brampton, L7A 1K5
Five More Minutes Are UP!

What to do as an educator when a child is not ready to move on? Transitions are a key component as to how children enter kindergarten, grade school, high school and post-secondary education. The link between transitions and flexibility enhances a child’s development, social skills, and their ability to adapt. As part of this interactive workshop, the focus will be on the following outcomes: deepening the understanding around transitions, allowing flexibility – explore options and provide choices and creating a plan to address resistant situations.

- **Date/Time:** Thursday July 11, 6:30 pm—8:30 pm
- **Presenter:** Andriana Mantas, Andriana Mantas Collaborative Minds
- **Level:** Beginners
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori and Resource Consultant
- **Location:** Bolton- Hampton Inn and Suites by Hilton Bolton, 12700 Hwy 50, Bolton, L7E 1L9

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# Program and Curriculum

## Learning Through the Power of Music

During this hands-on workshop participants will have an opportunity to chant and sing songs while learning how music supports brain growth and development. They will identify the developmental enhancements and learning outcomes that music can provide to young children and their families.

- **Date/Time:** Tuesday July 16, 10:30 am—12:30 pm  
- **Presenter:** Carolyn Hadcock, Miss Carolyn Seminars  
- **Level:** Beginners, Intermediate and Advanced  
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care and Montessori  
- **Location:** CDRCP, 75 Watline Ave, Unit 103 Mississauga, L4Z 3E5

## Blending “How Does Learning Happen?” with Technology: A Roadmap for School-Age Success  

### Part 1

Are you struggling to find the perfect balance of integrating technology into your practice while adhering to the fundamental principles of the “How Does Learning Happen” document? If so, this workshop series is for you! In part 1, the focus will be on theory and research to re-evaluate the current understanding of the use of technology in order to understand how and why not all screens are created equally. We will utilize existing frameworks and positions statements, such as the Canadian Paediatric Societies’ recommendations regarding screen time, to determine if technology is enhancing or hindering a learning experience and explore how to implement technology in a way that aligns with Ontario’s “How Does Learning Happen?” Pedagogy.

- **Date/Time:** Tuesday August 6, 7:00 pm—9:00 pm  
- **Presenter:** Melanie Araujo & Steve Sellarajah, CDRCP  
- **Level:** Beginners and Intermediate  
- **Audience:** School–Age  
- **Location:** Mississauga—Homewood Suites, 6430 Edwards Blvd, Mississauga, L5T 2Y3

### Part 2

In part 2, we will start to explore specific examples of how technology can be integrated into school-age programs in authentic and meaningful ways. Participants will be given an opportunity to be hands-on with different types of technology in order to understand how to leverage school-age children’s interest to an educator’s advantage. Time will be spent applying knowledge and developing a repertoire of resources to use in programming.

- **Date/Time:** Tuesday August 13, 7:00 pm—9:00 pm  
- **Presenter:** Melanie Araujo & Steve Sellarajah, CDRCP  
- **Level:** Beginners and Intermediate  
- **Audience:** School-Age  
- **Location:** Mississauga—Homewood Suites, 6430 Edwards Blvd, Mississauga, L5T 2Y3
Developing Mathematical Skills in Preschool Children - Part 1

This workshop will examine the development of pre-math concepts in preschool children, such as seriation, classification, matching, sorting, one-to-one correspondence and the development of number concepts. Participants will have the opportunity to explore a variety of easily made materials to support children’s inquiry based learning.

Date/Time: Thursday August 8, 6:30 pm—8:30 pm
Presenter: Christine Zupo
Level: Intermediate
Audience: Child Care, EarlyON, and Home Child Care
Location: Mississauga—Homewood Suites, 6430 Edwards Blvd, Mississauga, L5T 2Y3

Developing Mathematical Skills in Preschool Children - Part 2

PART 2: Preschool Pre-Math - Teacher Made Materials Workshop

In this workshop, participants are asked to bring a play-based observation that connects to the logical math concepts discussed in part 1. We will have the opportunity to create materials to take back to your programs in order to support the development of logical and number concepts in preschool children.

Date/Time: Thursday August 29, 6:30 pm—8:30 pm
Presenter: Christine Zupo
Level: Intermediate
Audience: Child Care, EarlyON and Home Child Care
Location: Mississauga—Homewood Suites, 6430 Edwards Blvd, Mississauga, L5T 2Y3

Developmental Surveillance Indicator

The Early Years Check-In (EYCI) is a tool that is designed to understand parent’s concerns about their child’s early development. While the tool is completed by parents, it is best used within early childhood settings where conversations about early development can take place with trained staff. This session will introduce participants to the EYCI and highlight ways that it can be used in EarlyON settings.

Date/Time: Wednesday August 14, 1:30 pm—3:30 pm
Presenter: Dr. John Cairney & Kalpana Nair, Infant and Child Health (INCH) Lab, University of Toronto
Level: Beginners
Audience: EarlyON
Location: EarlyON—17 Worthington Ave, Brampton, L7A 2Y7
## Program and Curriculum

### Preparations for returning to the Montessori Environment

As September approaches, it is important to turn our attention once again to the Montessori prepared environment. This workshop will discuss what needs to be in place with regard to the prepared environment and ourselves as guides. We will review a list of the necessary elements that will set the children up for success in their physical, intellectual, and social development.

- **Date/Time:** Wednesday August 14, 4:00 pm—6:00 pm
- **Presenter:** Sandra Girlato, Montessori Fundamentals
- **Level:** Intermediate
- **Audience:** Montessori
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### School-Age Behavioural Strategies Ages 9-12

During this session participants will have the opportunity to share their experiences on what behaviours they find challenging, why children say and do the things they do, and discuss what is self-regulation and why it matters. Participants will explore the science behind the meaning of behaviours as well as discuss strategies to support difficult behaviours.

- **Date/Time:** Thursday August 15, 6:30 pm—8:30 pm
- **Presenter:** Kathy Spinks
- **Level:** Beginners and Intermediate
- **Audience:** School-Age
- **Location:** CDRCP, 75 Watline Ave, Unit 103, Mississauga, L4Z 3E5

### Secrets to Effective Behaviour Management: Part 1

Part 1 of this series will introduce the audience to a scientific approach to understanding how different variables serve to influence behaviour and how to determine the functions of behaviour. Participants will learn about the importance of the use of data, how this data serves to help identify behaviour patterns and also how it can influence us to take next steps to support the child in a positive manner.

- **Date/Time:** Tuesday August 20, 6:30 pm—8:30 pm
- **Presenter:** Pat Veleno, Humber College
- **Level:** Beginners and Intermediate
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori and Resource Consultants
- **Location:** Mount Pleasant Civic Square, 100 Commuters Dr, Brampton, L7A 0G2
Secrets to Effective Behaviour Management: Part 2

Part two of this series will serve to help participants understand how to tailor their behaviour management approach to meet the specific and unique needs of the child. A focus will be placed on understanding how the function of challenging behaviour serves to influence what skills to teach, so that the likelihood of success is dramatically improved. Participants will become familiar with a number of strategies that help prevent and manage behaviour problems.

- **Date/Time:** Tuesday August 27, 6:30 pm—8:30 pm
- **Presenter:** Pat Veleno, Humber College
- **Level:** Beginners
- **Audience:** Child Care, School-Age, EarlyON, Home Child Care, Montessori, Resource Consultants, Supervisors, Managers and Licensees
- **Location:** Mount Pleasant Civic Square, 100 Commuters Dr, Brampton, L7A 0G2
WEBINARS

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1. View webinar(s) of choice on www.cdrcp.com/Quality Initiatives/E-Learning Opportunities
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WEBINARS COMING SOON

Business and Human Resources
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  • Spring Update: What Employers and Employees Need to Know
  • Spring Update What Do You Need to Know About Bill 47

Fostering Engagement
  • Sensitivity, Diversity & Inclusion
  • Temperament: Supporting Family Understanding
  • Fetal Alcohol Spectrum Disorder: Engaging with Families

Health and Wellness
  • Compassionate Care & Fatigue

Program and Curriculum
  • Oral Language Development
  • Reading Strategies and Print Rich Environments
  • The Art of Storytelling
  • The F-Words of Childhood Disability
Newly added webinars available for viewing:

**Business and Human Resources**
- Hiring Good Quality Educators
- Hiring With Intention
- Win-Win Discipline
- Enforceable Employment Contracts—Begin With the End in Mind

**Fostering Engagement**
- Build Confidence to Tackle Difficult Conversations with Parents
- Gender in ECE: A Male Perspective
- Welcoming Newcomer Families to Early Childhood Programs—Supporting Hard to Reach Families

**Health and Wellness**
- Self-Regulation, Stress and Children’s Behaviours Part 1
- The 5 Domains of Stress and The Shanker Method, Self-Regulation for ECEs Part 2
- Do Meal Times Have You in a Slump
- Time Keeps on Slipping and It’s Out of my Control

**Program and Curriculum**
- Loose Parts Galore: The Ins and Outs of These Materials in Home Care with Infants and Toddlers
- Playing and Learning In and With Nature
- School-Agers and Their Stressors: Finding Balance
Business and Human Resources

So You Want to Build

This webinar provides an introductory overview of the development planning process from start to finish. This presentation sets out what applications may be required to get through the planning approvals phase for a development proposal, and information is provided on how to move on to your building permit application. This webinar is ideal for those seeking to expand their current land use, or establish a new one.

Duration: 8 minutes

Performance Management and Employee Discipline

Gain knowledge on employee challenges you may face, and tips and tricks for managing employee performance. Learn techniques you can use to successfully manage challenging employees, whether the challenges lie in an employee’s ability to perform the duties of the job (“poor work behavior”) or the employee fails to abide by rules and policies (“improper workplace behaviour”). Viewers will learn techniques on how to identify the cause of poor performance and how to successfully manage their performance.

Duration: 1 hour

Legal and Ethical Issues in Children’s Services

We will discuss issues regarding providing services to children and their families. Topics will include, ‘How do we make decisions in Children’s Services?’ touching base on guidelines for decision making in regards to children’s services and involving others. We will discuss the law and ethics which provide legal rights to us as professionals and provide guidelines within this process, while working with clients. Learn your professional boundaries, and how Canadian laws are involved within decision making processes for helping others.

Duration: 1 hour and 15 minutes

Successful Change Management - Good Luck or Good Planning

This webinar focuses on the fundamentals of change through the lenses of both those initiating change and those reacting to it. This includes understanding the principles of driving and resisting forces of change, the early adopters, and the importance of change, through group participation and activities.

Duration: 35 minutes

Facilitation Skills for Meaningful Conversations

This webinar will help you understand how to differentiate the role of a facilitator from a trainer, review the competencies of a successful facilitator and help to develop new facilitation tools for use in a variety of situations.

Duration: 1 hour

Branding your Organization for Success

This webinar will assist you in understanding what branding is, as part of your marketing plan, how effective branding can help to differentiate your organization from competitors and how to align your branding strategy with your organizational goals.

Duration: 46 minutes
Business and Human Resources

**Board Basics – Giving You the Tools to be a Well Informed Board Member**

The Board of Directors represents the organization through a governance structure which is critical to organizational effectiveness and success. In this webinar, you will learn the roles and responsibilities of board members as well as their legal obligations. Take advantage of learning how the right people in the community are doing the right work, in the right manner. This webinar will help move your organization to success by understanding the role your board has.

**Duration: 1 hour**

**Board Effectiveness and Good Governance Essentials**

This webinar will introduce and explain key factors impacting the effective performance of boards and how good governance is achieved. Taking a highly practical approach, participants will be equipped with insights that can be used immediately to improve the performance of their board and how their organization is governed.

**Duration: 1 hour**

**Setting Your Culture**

How we define a culture, the importance of the role of values in organizational culture, how to create a respectful culture to engage your staff and volunteers in a positive culture has an impact on our daily life. In this webinar we will discuss how we define culture, the importance of values in organizational culture. How to create an engaging but respectful culture for your staff and volunteers, and how culture impacts our daily lives.

**Duration: 1 hour**

**Moving from Manager to Mentor**

As a manager, you have mastered supervision and the traditional management tasks regarding performance review, delegation, and team leadership. Now, you see the potential to develop your ‘Centre of Excellence’ in your sector and help develop others as a mentor. What does mentoring mean and how does it differ from management? This one hour webinar challenges viewers to undertake the mentor role to both expand your own skills and development while developing others.

**Duration: 30 minutes**

**Risk Management for Not-for-Profit Organizations**

This webinar covers the basics of risk, risk management and how organizations can develop risk management strategies. Topics include identifying risks, analyzing risks, strategies to manage risks, developing and ongoing evaluation of risk management plans.

**Duration: 40 minutes**

**The Alphabet of the New Ontario Not-for-Profit Corporations Legislation**

The new Ontario Not-for-Profit Corporations Act is not yet enforced, however, when it is expected to be administered it will affect the way not-for-profit organizations operate. Complying with this legislation may have significant impact on your organization. Join us to review the key features of the new legislation and steps your organization can take to prepare.

**Duration: 56 minutes**
Business and Human Resources

The 5 Pillars of ME Inc.

Have you ever wondered what empowers today’s successful managers? Through this motivational, practical two-part leadership webinar you will first be introduced to the qualities that successful leaders rely upon to establish a rock-solid foundation in their professional and personal lives. Upon discovering the foundations or guidelines, one is able to define the ‘must have’ principles for sustained success. Part 2 of this webinar offers you a comprehensive toolbox and ‘how to’ tips to build high performance teams and the key performance indicators (KPIs) to measure their and your success by.

Part 1: Duration: 20 minutes
Part 2: Duration: 43 minutes

Corporate Social Responsibility

You will be introduced to CSR as a holistic model that reflects good organizational governance. You will learn that CSR is a wise investment in your organization’s social capital, and a powerful tool through which you can reach out to your stakeholders, expand awareness of your organization, and engage in ‘doing right’ for community good.

Duration: 35 minutes

Engaging Your Community Online Through Corporate Social Responsibility (CSR) Initiatives

How can your organization effectively reach out to engage and interact with your local community? Through this workshop we will explore creative, cost-effective, and interactive tools to connect with your local community online. By the end of this workshop you will be able to leverage the power of CSR and social networking to build and enhance your organization’s presence and positive reputation as a community leader.

Duration: 20 minutes

Retention and Motivation of your Educators

Topics will include: Fostering strong communication to build a team that is like a “family”, tips for retaining team members by using motivation & creativity to keep them happy and committed to work at your centre.

Outcomes: Learning how to retain and motivate your team members through communication and motivational leadership that develops commitment and loyalty.

Duration: 32 minutes

Hiring Good Quality Educators for Your Program

Topics will include: selection & screening, interviewing & hiring techniques, how to “sell” your program to applicants.

Outcomes: Learning how to attract the best educators, how to select for quality and attitude, how to screen resumes, doing a phone & in-person interview, in-class preview, and how to make successful employment offers.

Duration: 30 minutes

Hiring with Intentions—New!

Do you cringe at the thought of hiring new employees? Have you ever regretted a hiring decision? Do you have star employees that you wish you could clone? This webinar will help you to really understand your hiring needs, your employment brand and your culture. You’ll be armed with lots of tips and to-dos that will help put you in control of your hiring process, and to hire and onboard with intention.

Duration: 26 minutes

The Importance of Onboarding Orientation

With company culture playing an important role in keeping employees satisfied, it’s vital that businesses make new employees feel like welcomed additions to the team. This requires more than just beneficial training. Employees want to understand the ins and outs of the job while also feeling comfortable with their role in the company.

Duration: 24 minutes
### Business and Human Resources

#### Win-Win Discipline - *New!*

Are you struggling with employee discipline? Do you have a policy, but lack follow-through? This webinar will take you step by step through the progressive discipline process to help bring some much-needed clarity to this challenging employer task. Participants will learn how to navigate through progressive discipline with the goal of turning around problem behaviour and restoring a positive working environment.

**Duration:** 15 minutes

#### Enforceable Employment Contracts - Begin With the End in Mind - *New!*

Do you find yourself constantly praising children’s work by saying Good Job? Since the Ministry of Education is supporting an inquiry based curriculum, educators are encouraged to use higher level conversations when engaging with children. In this webinar we will examine intentional, higher level conversations that brings out children’s cognitive abilities; enhances language development, as well as building on their learning. You will be presented with many examples of appropriate ways to talk with children, offering an opportunity to practice your new skills.

**Duration:** 15 minutes

#### Fostering Engagement

##### Anti-Oppression Training

This webinar will provide tools on the nature of oppression and important strategies and practices to be used to begin constructing your own Anti—Oppression Framework within your workplace. Participants will have time for personal reflection throughout this webinar as an important component to their learning. This webinar will provide you with a deeper understanding of what Oppression and Anti-Oppression mean, provide you with Anti-Oppression resources and tools and how to deal with Oppression involving your own thoughts, feelings and actions.

**Duration:** 30 minutes

##### Setting the Stage for Successful Behaviour: An Introduction and Overview

Setting the Stage for Successful Behaviour is a positive and structured process which adults can use to support children with challenging behaviour. This approach is based upon the concept that all behaviour occurs for a reason(s). Once we identify these reasons, we can then use this information to develop strategies which will help the child learn various ways of behaving successfully. This webinar will identify the purpose and components of Setting the Stage training, as well as provide an overview of the theory and process of STS.

**Duration:** 30 minutes

##### Setting the Stage for Successful Behaviour: Part 2

Take a look at our new Setting the Stage 2 webinar! This webinar is a teaser to the extension of training coming soon! This webinar will provide you with essential and basic information about the new Setting the Stage. We have built this extension to complement the popular Setting the Stage training to provide participants concrete strategies and techniques while using the training. This webinar will provide you with insider knowledge on what to expect for in-person training, such as the toolbox that will provide you knowledge on how to handle a variety of situations using the STS approach.

**Duration:** 35 minutes
Fostering Engagement

Retiring “Good Job” By Engaging in Intentional Higher Level Conversations

Do you find yourself constantly praising children’s work by saying Good Job? Since the Ministry of Education is supporting an inquiry based curriculum, educators are encouraged to use higher level conversations when engaging with children. In this webinar we will examine intentional, higher level conversations that brings out children’s cognitive abilities; enhances language development, as well as building on their learning. You will be presented with many examples of appropriate ways to talk with children, offering an opportunity to practice your new skills.

Duration: 1 hour

Understanding the Story of Early Childhood Education

The story of Early Childhood Education is created with multiple perspectives, displaying that there never really is only one side to a story. This story has multiple perspectives called frameworks, that cohabit in peaceful but very separate landscapes. This webinar outlines the story of Early Childhood Education as shared by Dr. Peter Moss, from his lecture at the University of British Columbia. His views, as well as a personal research study on the Pathways to Advocacy are merged into one presentation exploring both the stories in Early Childhood Education and what we as ECE’s can learn from a variety of perspectives.

Duration: 14 minutes

Parler aux parents des comportements difficiles

Cette présentation vous offre un aperçu de la communication avec les parents et comment aborder le sujet d’un comportement difficile chez leur enfant. Nous soulignons l’importance d’une première impression, comment éviter les malentendus, comment composer avec les différents types de personnalité, et comment travailler en équipe avec les parents pour le bien-être de leur enfant.

Duration: 17 minutes

Mise en scene d’un comportement reussi

Mise en scène - Information générale au sujet de Mise en scène d’un comportement réussi, Travailler en équipe, Choisir et définir le comportement sur lequel vous désirez travailler, Cercle 1: Comprendre l’enfant comme étant unique, Cercle 2: Mise en scène afin que tous les enfants aient un comportement réussi, Environnements physiques et sociaux, Cercle 3: Comprendre les fonctions du comportement, travailler avec les déclencheurs et les conséquences.

Duration: 30 minutes

Building Confidence to Tackle Difficult Conversations with Parents—New!

Build your confidence and effective communication skills by knowing how to prepare in advance to share any difficult message; learn skills on how to be a “partner” with the parents for the benefit of their children. Be ready to tackle any situation that comes your way, confidently.

Duration: 39 minutes

Men in Early Childhood Education—New!

Have you ever wondered why there are so few men in the field of early childhood education? Since the College of Early Childhood Educators officially opened in September 2008, the number of Registered Male ECEs has remained close to 3%. This webinar examines some of the modern-day barriers that have prevented and/or discouraged men from participating in early childhood programs, not just in Ontario, but across the globe.

Duration: 16 minutes
### Fostering Engagement

**Welcoming Newcomer Families to Early Childhood Programs - Supporting Hard to Reach Families - **New!

This webinar explores some of the reasons why it may be difficult to reach newcomer families and suggests strategies for encouraging hard to reach families to participate and return again and again. Although it identifies obvious reasons why families do not participate, the webinar focuses largely on the invisible barriers to participation, such as differences in understandings, priorities, goals and beliefs. With a focus on daily activities like eating and play, it establishes a cultural basis for such differences and suggests practices for successfully supporting newcomer families.

**Duration: 26 minutes**

### Health and Wellness

#### Four Main Functions of Behaviour

Children's behavior is very rarely about being good or bad. Young children communicate through their behavior because they may not have been taught to identify and convey their need(s). As caregivers and educators, it becomes our responsibility to translate this behavior without placing judgement on the child. What strategies will you develop to recognize the reason a child is behaving the way they are (observation notes, discussions, one on one time with child, etc)? Identify your “hot buttons”, what particular behaviors cause your reactions and how will you support your well-being with healthy strategies? Will you implement strategies for the children and for yourself after viewing this webinar, if so, how?

**Duration: 20 minutes**

#### Stress and Crisis Management

This webinar looks at stress; what it means, what causes it and what it looks like, as well as how we might reduce stress where possible. We also look at crisis; what it is, what causes it, what impact it has, and how we can deal with crisis. Included in this section is assertiveness vs. passivity and aggression. We also consider families who are challenged and therefore in crisis often.

**Duration: 50 Minutes**

#### Introducing Solid Foods to Infants

Introducing solid foods and responding to a child’s hunger and fullness cues can be a challenge for parents and caregivers. To support the development of healthy eating skills, this evidence-based webinar provides information on, developing readiness for solids, responsive feeding, creating a positive eating environment and the importance of caregivers engagement during mealtimes.

**Duration: 30 minutes**

#### Why Nutrition Matters for Mental Health

An estimated 1.2 million children & youth in Canada are affected by mental health issues. 17% of children ages 2-5 years meet diagnostic criteria for mental health problems. Does nutrition matter for mental health? Many children are overfed and undernourished. They are missing adequate key nutrients for healthy development and function. Join Amy as she shares recent research and strategies to promote mental health through healthy eating and lifestyle.

**Duration: 1 hour**

#### Mindfulness and Self-Care Strategies

Mindfulness & Self-Care are so important for individuals with giving personalities who devote their life to helping others. In this webinar, you'll take 30 minutes of self-care time to engage in 5 different mindfulness-based practices that you can use to: de-stress and release tension, calm your nerves and pay better attention and care to your body and mind.

**Duration: 38 minutes**
Health and Wellness

**Looksee**

Since 1993, NDDS has been helping children worldwide reach their developmental potential by providing an easy-to-use checklist that encourages interaction between parents and health/child care professionals.

"The new playful, friendly name—the Looksee Checklist—reflects the simple, approachable quality of the product to appeal to even more parents. The series of checklists follow a child from 1 month to 6 years of age and provides a short list of yes or no questions about the child’s abilities along with tips to help them grow." The checklists are available in a variety of languages and formats.

Duration: 8 minutes

**Infection Prevention and Control in Child Care Settings—2 Part Webinar!**

Region of Peel Public Health Inspectors in collaboration with Child Development Resource Connection Peel developed an online resource for child care educators. The resource is a two part webinar that will help child care educators enhance their knowledge about infection prevention and control practices in child care settings. The first part of the webinar provides information on hand washing, diapering, cleaning and disinfection. The second part focuses on sensory play, self-serving, gardening and animals.

Part 1: Duration: 16 minutes

Part 2: Duration: 6 minutes

**Self-Regulation, Stress, and Children’s Behaviour—Part 1—New!**

This webinar will give early childhood educators a new and more helpful way of understanding self-regulation in young children. We will define self-regulation and why it’s important in early childhood education, differentiate between self-regulation and self-control, learn how to recognize and reduce stress in children and adults, and identify the connection between self-regulation and stress in children, educators, and parents. We will also reframe our view of children’s behaviour by examining the difference between stress behaviour and misbehavior and move from a punishment/consequence mindset to one based on compassion, understanding, and support.

Duration: 37 minutes

**The 5 Domains of Stress and The Shanker Method—Self-Reg for ECE’s—Part 2—New!**

This webinar introduces the 5 Domains of Self-Regulation and the 5-Step Shanker Method® along with practical strategies for reducing and alleviating stress in early childhood settings. We will identify signs of stress behaviours and stressors associated with each domain, explore practical strategies to reduce stress in the biological, emotional, cognitive, social, and prosocial domains, and learn strategies that can help children calm down and/or find energy; according to the needs of the situation.

Duration: 48 minutes

**Do Meal Times Have You in Slump?**

This webinar is for home child care providers looking for a little inspiration in the kitchen. Want to create nutritious meals and snacks that get eaten and stay on budget? Let’s stir up some creativity helping you save money and time in the kitchen. We’ll also discuss reasons behind a, 'selective eater's,' actions. You’ll learn how to encourage adventurous eaters around your table and at home. Recipes will be provided at the end of the webinar.

Duration: 45 minutes
### Health and Wellness

**Time Keeps on Slipping and it is Out of my Control**

This workshop focuses on the differences of mindfulness and various forms of meditating. In the chaos of our minds learning how to apply these strategies could result in more joy, higher productivity and workplace moral. We will explore some of the limited beliefs which exist within this topic which prevent the utilization of these strategies in our everyday life. In addition, explore how to regain and shift our mindset regarding "never having enough time".

**Duration: 31 minutes**

### Legislation

**Duty to Report**

We all play a vital role in the Peel community to keep children safe and well. In this webinar we will review on-going duty to report, what needs to be reported and how, the investigation process and the steps of referral.

**Duration: 22 minutes**

**The Rights of the Child in Early Childhood Education**

A rights perspective is fundamental to our image of children as individuals who are competent, curious and rich in potential. This webinar explores the evolution of child rights as they reached their most comprehensive expression in the United Nations Convention on the Rights of the Child (CRC), adopted November 20, 1989, a day that is now celebrated in Canada and around the world as National Child Day. It provides a road map to the CRC for educators by identifying the 3Ps of the CRC – Protection, Provision and Participation – and explores how its overarching principles, such as the best interests of the child, provide guidance in relationships with children. It closes with a focus on the CRC in the community today and invites reflection on ways of increasing awareness of child rights in the classroom and beyond.

**Duration: 28 minutes**

**Transitioning to a Non—Profit Corporation**

This webinar will provide an overview of the 7—steps to consider in regards to transitioning from a profit organization, to a non-profit organization or child care centre. We will review key terms referring to corporate structure and your organization, legislative overview for both for-profit and not-for-profit corporations, the definition of both for-profit and not-for-profit, explore paths that could be used for transition, how to organize your new non-profit; including good governance and practices to keep in mind, and additional resources will be provided for further information.

**Duration: 42 Minutes**

**Ethics and the Role of the ECE**

This webinar will review the major ethical concepts in human services and discuss how these relate to the Code of Ethics and Standards of Practice from the College of Early Childhood Educators of Ontario. Many practical examples are used to illustrate these concepts. Viewers will also have the opportunity to reflect on the scope of practice as an ECE.

**Duration: 1 hour and 15 minutes**
Program and Curriculum

Feel Comfortable When Using an Environmental Assessment Tool

Completing an environmental assessment tool can be overwhelming. This webinar will review a variety of environmental tools that are currently used in Peel. Learn how to score your program, and how to make small changes that will have a big impact on quality. A variety of environmental assessment tools will be available for review.

Duration: 30 minutes

Fine Motor Development and Emergent Writing

This webinar will provide an overview of the stages of drawing and writing, and the importance of materials and manipulatives in programs.

Duration: 30 minutes

Early Literacy Checklist

The Early Literacy Checklist is a reflective self-assessment tool enabling staff working with young children to better evaluate to what extent they support literacy in young children, families and communities. This webinar provides insight into how to look at your program through a literacy lens, providing visuals of literacy rich program environments to help successfully create a language-rich play space. This webinar also includes a sample action plan to help staff identify areas that require modifications to ensure literacy focused play centres.

Duration: 1 hour

Supporting a Child’s Oral Language: Focusing on Talking and Listening Skills

A child’s oral language development is an important life skill developed at an early age. In this webinar you will learn about listening and speaking skills, early learning program criteria, multisensory skills and daily routines. You will be guided through ways to support child communication, various developmental milestones of language, recommended screen time, and a review on best toys to support these learning needs.

Duration: 50 minutes

How Learning Happens in Infant and Toddler Settings

The Ontario Ministry of Education has created an important document titled How Does Learning Happen? Ontario’s Pedagogy for the Early Years. The purpose of this document is to describe quality early years programs based on research and professional practice. Learning happens when educators build positive and responsive relationships, focus on children’s development and provide environments in which children learn through exploration and play. In this webinar, we will demonstrate the four foundations of learning - and how to enhance belonging, well-being, expression and engagement in infant and toddler settings utilizing these guidelines. Join this free webinar to gain new strategies, skills, and knowledge to improve interactions with infants and toddlers within your care.

Duration: 1 hour

How Does Learning Happen: Starting the Conversation in Peel

This webinar is an introduction to How Does Learning Happen, Ontario’s Pedagogy for the Early Years. It provides an overview of the document and briefly describes the four foundations, well-being, engagement, expression, and belonging. This will encourage reflection about learning through relationships for those who work with young children and their families.

Duration: 12 minutes
### Program and Curriculum

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<td>Ce webinaire présente un aperçu des étapes du dessin et de l’écriture et souligne l’importance d’incorporer dans les programmes toute une panoplie d’un matériel et d’articles de manipulation.</td>
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**Connecting Children to the Outdoors: The Importance of Natural Play (Part 1)**

In this webinar we will take a look at outdoor learning environments. The focus will be on returning to nature when program planning, the use of natural materials and play spaces, and curriculum brainstorming around bringing learning outside. We will also be focusing on children’s storybooks that incorporate nature themes and natural play. This session will have ideas for all age groups (infants to school age settings).

**Duration: 1 hour, 11 minutes**

**Fusion Gardens in Playground Spaces (Part 2)**

In this webinar we will take a look at ways in which design impacts outdoor spaces for children and how to create a fusion garden within playground spaces. Resources will be provided for staff to gain knowledge around planting and planning for creative fusion spaces within playgrounds.

**Duration: 1 hour 18 minutes**

**Physical Literacy**

This webinar will help participants gain a better understanding of the term Physical Literacy and how it can be implemented in the early years’ settings. Viewers will discover the difference between Physical Literacy vs. Physical Activity, how learning a variety of fundamental movement skills can open up a whole world of opportunity and how Physical Literacy impacts brain development. Free online resources on promoting physical activity for a variety of age groups are also shared. Interested viewers will also have the opportunity to find out how they can join Peel’s Physical Literacy Champion group.

**Duration: 30 minutes**

**Reading Strategies and Print-Rich Environments**

This webinar will provide an overview of Reading Stages, print-rich environments and the importance of read a-loud in Early Learning Environments.

**Duration: 35 minutes**

**Stratégies de lecture et milieux riches en imprimés**

Ce webinaire présente un aperçu des étapes de la lecture et des milieux riches en documents imprimés et souligne l’importance de lire à haute voix dans les environnements d’apprentissage de la petite enfance.

**Durée: 20 minutes**

**Oral Language Development and Emergent Bilinguals**

This webinar will provide an overview of Oral Language Development in a play based context, and support the emergent bilinguals within the programs.

**Duration: 34 minutes**
Développement du langage verbal et bilingues émergents

Ce webinaire présente un aperçu du développement du langage verbal dans le contexte du jeu et aidera les bilingues émergents du programme.

Durée 30 minutes

Planning a Successful Environment for Toddlers

The environment we set for children is the “third teacher” and influences their learning. During this session, we will discuss how and why decisions are made to support the growth and development of toddlers. We will talk about materials added to spark curiosity, engage children in learning and create a space where they feel capable and competent. During this session opportunities are provided, allowing you as the educator, to self-reflect with respects to different environments. This session empowers us to critical reflect on how significant the “third teacher” is as it inspires children to thrive, investigate, imagine and learn.

Duration: 20 minutes

Loose Parts Galore - The Ins and Outs of These Materials in Home Care with Infants and Toddlers—New!

This webinar highlights the theory of loose parts and how these open-ended materials support learning through play. There are many types of loose parts and deciding what ones to invite children to engage with involves some careful thinking and consideration. Loose parts that are accessible to children indoors and outdoors set the stage for learning.

Duration: 39 minutes

Playing and Learning In and With Nature—New!

This webinar highlights the theory of loose parts and how these open-ended materials support learning through play. There are many types of loose parts and deciding what ones to invite children to engage with involves some careful thinking and consideration. Loose parts that are accessible to children indoors and outdoors set the stage for learning.

Duration: 23 minutes

School-Agers and Their Stressors: Finding Balance—New!

There are many hidden stressors that children and adults are faced with daily. Inspired by the work of Shanker, from the MEHRIT Centre in Toronto, this session will clarify the difference between mis-behavior and stress behaviour. Challenging behaviours can be difficult for everyone. Strategies for minimizing stress will be explored.

Duration: 45 minutes

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